

OCTOBER 2021

PERRY BREAKFAST

BREAKFAST

Breakfast and lunch school meals are **FREE** for all students in SY2021-22 due to pandemic waivers



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Cinnamon Roll Day

Cinnamon Roll
Fruit/Fruit Juice
Milk

4

Cereal
Graham Cookie
Fruit/Fruit Juice
Milk

5

Mini Pancakes
Fruit/Fruit Juice
Milk

6

Glazed Donut
Fruit/Fruit Juice
Milk

7



8

Cereal
Graham Cookie
Fruit/Fruit Juice
Milk

11

Pillsbury Mini Cinnis
Fruit/Fruit Juice
Milk

12

Snack-n Waffle
Fruit/Fruit Juice
Milk

13

Yogurt
Gripz Cookies
Fruit/Fruit Juice
Milk

14

Pop Tarts
Fruit/Fruit Juice
Milk

15

Cereal
Graham Cookie
Fruit/Fruit Juice
Milk

18

Dunkin Stick
Fruit/Fruit Juice
Milk

19

Cinnabar
Fruit/Fruit Juice
Milk

20

Muffin
Cheese Stick
Fruit/Fruit Juice
Milk

21

Crunchmania
Fruit/Fruit Juice
Milk

22

Cereal
Graham Cookie
Fruit/Fruit Juice
Milk

25

Mini Waffles
Fruit/Fruit Juice
Milk

26

Cinnamon Pretzel Stix
Fruit/Fruit Juice
Milk

27

Pillsbury Breakfast Bar
Fruit/Fruit Juice
Milk

28

Pop Tarts
Fruit/Fruit Juice
Milk

29