## OCTOBER 2022

PERRY HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Nardone's Round Pizza RF Doritos Romaine Salad Baby Carrots Fruit Milk	4 Macaroni & Cheese Cornbread Romaine Salad Green Beans Fruit Milk	5 Chicken Nuggets Mashed Potatoes w/Gravy Roll Sweet Potato Casserole Fruit Milk	6 Loaded Fries w/Chili, Cheese, Bacon Baked Beans Super Slice Bread Fruit Milk	Lunch – \$3.00 Reduced - \$.40 Qualify for free – free Milk - \$.50
Pizza Hut Baked Lays Romaine Salad Pepper Sticks Fruit Milk	11 Build your own Burrito Beef Taco or Chicken Fajita Mexican Rice Refried Beans-Tostitos Lettuce/Tomato/Salsa Fruit Milk	12 Chicken Smackers Pasta Primavera Romaine Salad Veggie Juice Fruit Milk	13 General Tso Chicken Rice Breadstick Romaine Salad Steamed Broccoli Fruit Milk	14 Bosco Cheese Sticks French Fries Marinara Sauce Fruit Milk
17 Dominos Pizza Sun Chips Romaine Salad Baby Carrots Fruit Milk	18 Double Cheeseburger French Fries Baked Beans Lettuce/Tomato Slice Fruit Milk	19 Chicken Nuggets Mashed Potatoes w/Gravy Roll Corn Fruit Milk	20 Pizza Calzone Waffle Fries Marinara Sauce Fruit Milk	Pence, Lowe S School LUNCH
Pizza Hut RF Doritos Romaine Salad Cherry Tomatoes Fruit Milk	25 Chili Pepperoni Roll Romaine Salad Green Beans Fruit Milk	26 Chicken Tenders Dutch Waffle Veggie Juice Glazed Carrots Fruit Milk	27 Cheese Quesadilla Tostitos Taco Soup Fruit Milk	28 Chicken Patty or Spicy Chicken Sandwich Seasoned Fries Lettuce/Tomato Slice Fruit Milk
31 Stuffed Crust Pizza Pumpkin Pie Cookie Romaine Salad Baby Carrots Fruit Milk	Totchos (Tater Tots w/Taco Meat0 Queso Sauce Salsa Super Slice Bread Fruit Milk	Chicken Nuggets Mashed Potatoes w/Gravy Roll Corn Fruit Milk	Grilled Cheese Sandwich Or Soft Pretzel w/Cheesesauce & Yogurt Tomato Soup Romaine Salad Fruit Milk	4 BBQ Pork Sandwich Or Hot Dog Sandwich French Fries Baked Beans Fruit Milk

Alternate Lunch Daily:

PBJ Uncrustables

Salad Bar

Yogurt Parfait
Sub Sandwich

Turkey Wrap



Celebrate
National School
Lunch Week
Oct. 10-14

Menu Subject to Change

This institution is an Equal Opportunity Provider